

## **Periodontal Risk Assessment**

Recent studies have proven a link between the bacteria that causes periodontal disease and systemic illness such as heart disease, stroke, diabetes, pre-term low birth weights, osteopenia and gastric ulcers. Clinical research has also proven that certain patients fall into a higher risk group for periodontal disease and therefore a higher risk for potential systemic harm. Please take a moment to review the following questions so that your 'dental cleaning' will be specifically geared to your periodontal risk level. Thank you.

(Please circle your answers)

**TOBACCO:** Tobacco use is the most significant risk factors for gum disease.

Do you or have you ever used the following?    Cigarette    Cigar    Pipe    Chew    Snuff

Frequency \_\_\_\_\_ Beginning Date \_\_\_\_\_ Ending Date \_\_\_\_\_

**HEART ATTACK/STROKE:** Untreated gum disease can increase your risk for heart attack and stroke. Do you have any risk factors for heart disease or stroke?

Family history of heart disease    High cholesterol    High blood pressure    Tobacco use

**GENETIC PREDISPOSITION:** A genetic marker called Interleukin-1 can be inherited and significantly increase your pre-disposition to periodontal disease. Have any of your family members (mother, father, siblings) had any of the following?

Periodontal surgery    Dentures    Tooth loss due to gum disease    Deep scalings

**FEMALES:** Women can be at risk for periodontal disease at various stages of their life. Circle all that apply:

Pregnant    Nursing    Osteoporosis    BC pills    Hormone supplement

**DIABETES:** Periodontal disease is a common complication of diabetes. Untreated gum disease makes it harder for diabetics to control their blood sugar. Have you had?

Frequent urination    Slow healing of cut    Excessive thirst    Unexplained weight loss  
Weakness or fatigue    Excessive hunger    Family history    Diabetes diagnosed

**HEART MURMUR OR ARTIFICIAL JOINT PROSTHESIS:** The slightest amount of gum tissue inflammation allows bacteria from the mouth to enter the bloodstream. This could cause a serious infection of the heart muscle or your artificial joint.

Heart murmur    Artificial joint    Have you been told to medicate for dental visits?

**GASTRIC ULCERS:** Ulcers are caused by bacteria. When gums are inflamed, the periodontal bacteria can travel through the bloodstream to the gut and activate ulcers. If you have been treated for ulcers you should keep your gum tissue inflammation free.

Have you been treated for ulcers? \_\_\_\_\_ Do you currently have an active ulcer? \_\_\_\_\_

**INFECTIOUS:** The bacteria that cause periodontal disease can be transferred to a spouse or family member. Has anyone in your family been treated for gum problems?

No                      Spouse                      Children

**PERIODONTAL DISEASE:** Have you noticed any of the following symptoms?

Bleeding gums during brushing	Red, swollen or tender gums	Persistent bad breath
Gums pulling away from teeth	Pus between teeth or gums	Loose/separating teeth
Change in way teeth fit together	Food catching between teeth	

**GENERAL INFORMATION:**

Do you like the appearance of your smile?	_____yes	_____no
Do you like the color of your teeth?	_____yes	_____no
Do your teeth keep you from eating specific foods?	_____yes	_____no
Is it important for you to keep your teeth for a lifetime?	_____yes	_____no
Do you have an auto immune suppression disorder?	_____yes	_____no
Have you undergone radiation treatments?	_____yes	_____no
Have you undergone chemotherapy?	_____yes	_____no
Do you have an inordinate amount of stress in your life	_____yes	_____no

**COMMENTS:**

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Signature

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Date